

Career Compass and Career Voyage mapping against Australian Blueprint for Career Development (An Overview of the Career Management Competencies by Phase)

Career Compass	Career Voyage - Youth	Career Voyage - Adult
COMPETENCY 1: BUILD AND MAINTAIN A POSITIVE SELF-CONCEPT		
<p>Build a positive self-concept and understand its influence on life, learning and work</p> <ul style="list-style-type: none"> - Discover how behaviours and attitudes affect school, work and family situations. - Understand the nature of personal characteristics, and explore their influence on self-concept. 	<p>Develop abilities to maintain a positive self-concept</p> <ul style="list-style-type: none"> - Understand how individual characteristics such as interests, skills, values, beliefs and attitudes contribute to achieving personal, social, educational and professional goals. Identify your personal characteristics and assess how these are reflected in your life, learning and work goals. - Understand the importance of giving and receiving feedback to maintaining a positive self-concept. - Understand the importance of allies (eg, friends, and supporters) to maintaining a positive self-concept. Identify your allies and assess the part that your allies play in achieving your life, learning and work goals. 	<p>Improve abilities to maintain a positive self-concept</p> <ul style="list-style-type: none"> - Understand the influence of personal characteristics (skills, knowledge, attitudes, interests, values, beliefs and behaviours) on career decisions. Explore how your own career decisions have been, and are influenced by, personal characteristics. - Understand how achievements related to work, learning and leisure influence your self-concept. Identify your personal achievements.
COMPETENCY 2: INTERACT POSITIVELY AND EFFECTIVELY WITH OTHERS		
<p>Develop additional abilities for building positive relationships in life</p>	<p>Develop abilities for building positive relationships in life and work</p> <ul style="list-style-type: none"> - Engage in interactions and learning experiences that help build positive relationships in your life and work. 	<p>Improve abilities for building positive relationships in life and work</p> <ul style="list-style-type: none"> - Explore the importance of positive relationships to your career building.
COMPETENCY 3: CHANGE AND GROW THROUGHOUT LIFE		
<p>Learn to respond to change and growth</p> <ul style="list-style-type: none"> - Understand the physical, psychological, social and emotional changes that occur as people develop. 	<p>Learn to respond to change that affects your wellbeing</p> <ul style="list-style-type: none"> - Explore how mental and physical health impact on life and work decisions. - Examine your mental and physical health and evaluate its impact on your career decisions. 	<p>Develop strategies for responding positively to life and work changes</p> <ul style="list-style-type: none"> - Understand how personal motivations and aspirations may change over time.
COMPETENCY 4: PARTICIPATE IN LIFELONG LEARNING SUPPORTIVE OF CAREER GOALS		
<p>Link lifelong learning to personal career aspirations</p> <ul style="list-style-type: none"> - Explore lifelong learning strategies such as being curious and adventurous. - Explore subject area strengths as well as areas for improvement. - Explore strategies for improving skills and knowledge. - Explore the importance of a variety of skill types in the workplace. - Understand how past, present and future academic performance may impact upon the selection of future programs/courses. - Apply strategies for improving your skills and knowledge. - Identify how your education and training achievements affect your available options regarding courses/ programs, workplace training and/or entry into work. - Evaluate strategies for improving skills and knowledge and adopt those that contribute best to the learning process. 	<p>Link lifelong learning to the career building process</p> <ul style="list-style-type: none"> - Understand how the skills, knowledge and attitudes acquired in a variety of learning programs may contribute to achieving personal and professional goals. - Understand how lifelong learning enhances people's ability to achieve career goals. - Understand how a set of skills, knowledge and attitudes can fulfil the requirements of a variety of work roles and work environments. - Explore the education and training requirements of various work roles. - Identify the transferable skills, knowledge and attitudes that can fulfil the requirements of a variety of work roles and work environments. 	<p>Participate in continuous learning supportive of career goals</p> <ul style="list-style-type: none"> - Investigate educational opportunities (eg, vocational learning programs, employer-sponsored training). - Understand the importance of developing strategies to help overcome barriers to education and training. - Explore how skills, knowledge and attitudes acquired enhance work opportunities. - Explore lifelong learning resources available in workplace settings (eg, computer-assisted self-directed training, mentoring, and attendance at short courses). - Prepare short- and long-range plans to achieve your personal and professional goals through appropriate educational/training pathways. - Outline and adopt strategies to overcome personal barriers to education and training. - Undertake learning activities (eg, studying, responding to feedback from supervisors, engaging in a project of interest). - Assess your skills, knowledge and attitudes towards learning and determine how these enhance your career opportunities.
COMPETENCY 5: LOCATE AND EFFECTIVELY USE CAREER INFORMATION		
<p>Locate and use career information</p> <ul style="list-style-type: none"> - Understand the importance of and the ways in which you can locate and use education and training information. - Explore the differences between occupations and industry sectors by locating and using available career information resources. - Explore the education and training requirements for occupations of interest by locating and using available career information resources. - Identify the current and future labour market outlook for occupations of interest. 	<p>Locate and evaluate a range of career information sources</p> <ul style="list-style-type: none"> - Explore how employment and workplace trends impact upon the provision of education and training. - Use career information resources such as career directories, occupational classification systems, labour market information, mass media, computer and internet-based career information delivery systems to locate trend information on occupational and industry trends, education and training trends, and social and economic trends. 	<p>Use career information effectively in the management of your career</p> <ul style="list-style-type: none"> - Investigate career-related information and materials (eg, on self-assessment, on career planning, on professional associations, on prospective employers). - Discover the diverse work opportunities available to an individual with a given set of work skills, knowledge and attitudes. - Determine, according to your preferences, which work opportunities should or will be considered in your career goals and aspirations. - Create or adapt career goals and aspirations using relevant and accurate career-related information.
COMPETENCY 6: UNDERSTAND THE RELATIONSHIP BETWEEN WORK, SOCIETY AND THE ECONOMY		
<p>Understand how work contributes to the community</p>	<p>Understand how societal needs and economic conditions influence the nature and structure of work</p> <ul style="list-style-type: none"> - Explore how people's personal values and interests determine the importance placed upon different kinds of work. 	<p>Incorporate your understanding of changing economic, social and employment conditions into your career planning</p> <ul style="list-style-type: none"> - Understand how trends (such as social, demographic, technological, occupational and industrial trends) affect your career.
COMPETENCY 7: SECURE/CREATE AND MAINTAIN WORK		
<p>Develop qualities to seek and obtain/create work</p>	<p>Develop abilities to seek, obtain/create and maintain work</p> <ul style="list-style-type: none"> - Explore skills, knowledge and attitudes required to locate, interpret and use information about work opportunities. - Understand that some work opportunities require flexibility and adaptability (eg, relocating, learning new skills). - Explore specific work opportunities in terms of working conditions and safety hazards, benefits, etc. - Evaluate work opportunities in terms of working conditions, benefits, etc, that are important to you. 	<p>Improve on abilities to seek, obtain/create and maintain work</p> <ul style="list-style-type: none"> - Identify job opportunities that suit your own needs and values. - Update your work search tools and the skills required to seek, obtain/create and maintain work (job application forms, resumes, portfolios, job interviewing, proposals, cover letters, etc). - Identify your transferable skills, knowledge and attitudes.

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COMPETENCY 8: MAKE CAREER ENHANCING DECISIONS

<p>Link decision making to career building</p> <ul style="list-style-type: none"> - Understand how personal beliefs and attitudes affect career decisions. - Understand how career development is an ongoing process with a series of choices. - Explore possible outcomes of your decisions on your career development. - Demonstrate how your own beliefs and attitudes influence your career decisions. - Demonstrate how your choices reflect your desired career path. - Consider how your decisions (about school, family, leisure, work, etc) affect all areas of your life. - Examine your creative scenarios and evaluate their impact on your own life. - Engage in decision making that suits your needs and values and is supportive of your career goals. 	<p>Engage in career decision making</p> <ul style="list-style-type: none"> - Understand the importance of developing a range of scenarios supportive of your preferred future. - Investigate the requirements needed to qualify for chosen education/training courses. - Explore courses in terms of the skills, knowledge and attitudes required for entry-level work or advanced training. - Understand the steps required to make an effective transition (from school to post-secondary education/training programs or work, or to re-enter the workforce). - Explore how being positive about the future and its uncertainties may lead to creative and interesting possibilities/alternatives. - Develop a range of scenarios supportive of your preferred future. - Create and engage in career experiences supportive of your values and goals. - Engage in decision making that suits your needs and values and is supportive of your goals. 	<p>Incorporate realism into your career decision making</p> <ul style="list-style-type: none"> - Explore effective career decision-making skills, knowledge and attitudes. - Demonstrate the skills, knowledge and attitudes required to assess work opportunities. - Demonstrate effective career decision-making skills, knowledge and attitudes. - Determine your personal criteria for making decisions about learning, family and work. - Decide what is important to you when assessing the merits of a work opportunity. - Evaluate the impact of your decisions on you and others before making them. - Engage in decision making that suits your needs and values and is supportive of your career goals.
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COMPETENCY 9: MAINTAIN BALANCED LIFE AND WORK ROLES

<p>Explore and understand the interrelationship between life and work roles</p> <ul style="list-style-type: none"> - Understand how different work and family roles require varying kinds and amounts of energy, participation, motivation and abilities. - Understand how work roles satisfy personal and/or family needs. - Identify how your current or preferred life and work roles satisfy your personal and family needs. 	<p>Link lifestyles and life stages to career building</p> <ul style="list-style-type: none"> - Understand the factors that influence or impact upon lifestyles (eg, socioeconomic status, culture, values, work choices, work habits). - Identify and experience work scenarios reflective of your life stage and lifestyle. - Recognise that your preferred lifestyle, your life stage and your career building are connected. - Examine your work scenarios and determine which ones are supportive of your life stage and lifestyle. - Acknowledge the factors that influence or impact upon your lifestyle (eg, socioeconomic status, culture, values, work choices, work habits, injury, illness). - Acknowledge the life-stage factors that have influenced or are influencing your career building. - Take active steps to moving closer towards your preferred lifestyle, while considering your life stage. 	<p>Incorporate life/work balance into the career-building process</p> <ul style="list-style-type: none"> - Identify any habits or attitudes that work against achieving life/work balance. - Engage in life, learning and work activities that support your lifestyle and life-stage goals and contribute to a balanced life.
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COMPETENCY 10: UNDERSTAND THE CHANGING NATURE OF LIFE AND WORK ROLES

<p>Explore non-traditional life and work options</p> <ul style="list-style-type: none"> - Identify non-traditional life and work options. - Investigate advantages and challenges of entering non-traditional work. - Explore the advantages of following your personal interests, even if they are most often considered non-traditional to your gender. - Follow your personal interests, even if they are most often considered non-traditional to your gender. - Develop attitudes and behaviours that are not based on gender stereotypes. 	<p>Discover the nature of gendered life and work roles</p> <ul style="list-style-type: none"> - Investigate advantages and challenges of adopting non-traditional work roles. - Demonstrate attitudes, behaviours and skills that contribute to overcoming gender bias and stereotyping. - Examine the possibility of adopting non-traditional work roles. - Consider fulfilling work roles regardless of gender bias and stereotyping. - Create and engage in fulfilling career experiences regardless of gender bias and stereotyping. 	<p>Seek to eliminate gender bias and stereotypes in your career building</p> <ul style="list-style-type: none"> - Determine your own willingness to adopt strategies or take actions that help eliminate gender bias and stereotyping. - Create and engage in career experiences that help eliminate gender bias and stereotyping.
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COMPETENCY 11: UNDERSTAND, ENGAGE IN AND MANAGE THE CAREER-BUILDING PROCESS

<p>Understand and experience the career-building process</p> <ul style="list-style-type: none"> - Understand the concept of building your own career. - Understand the importance of developing flexible and adaptable short-term action plans within the career-building process. - Understand the concept of a preferred future as part of the career-building process and define your preferred future - Develop short-term action plans in step with your preferred future. - Create and maintain your career portfolio. - Re-examine and assess your preferred future against newly acquired information about yourself and the world of work. - Adjust your preferred future as experience changes your knowledge of yourself. 	<p>Take charge of your career-building process</p> <ul style="list-style-type: none"> - Understand how risk taking and positive attitudes towards self and work (resilience, flexibility, openness, etc) are important to the career-building process. - Understand how information about yourself and the labour market is important to the career-building process. - Explore the notion of career scenario building as an integral component of the career-building process. - Understand the importance of pursuing short-term career action plans. - Demonstrate risk taking and positive attitudes toward self and work (resilience, flexibility, openness, etc). - Update your resume and/or portfolio using newly acquired information about yourself and the labour market. - Build career goals, aspirations and experiences that align with your preferred future. - Develop and pursue short-term action plans in light of your desired career goals and aspirations. - Revisit your preferred future to determine whether or not it is necessary to modify and/or create new career goals, aspirations and experiences and adjust your short-term action plans. 	<p>Manage your career-building process</p> <ul style="list-style-type: none"> - Investigate the choices and challenges of major transitions (eg, becoming a parent/spouse/retiree, losing a job, injury, illness). - Update your resume and/or portfolio. - Review your preferred future and fine-tune your career action plans.
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